


# **Narayan Shree Homoeopathic Medical College & Hospital, Bhopal (M.P.)**

## **Structure of the fundamental program for students**

Date: 01/12/2025

<b>Foundation Program Schedule 2025-26</b>						
<b>S. No.</b>	<b>Topic</b>	<b>Type of activity</b>	<b>Duration hours</b>	<b>Name of Faculty</b>	<b>Date</b>	<b>Time</b>
(1)	(2)	(3)	(4)	(5)	(6)	(7)
1.	Welcome and Introduction to Vision/ Mission of the Institute	Lecture	2	Dr. R.S. Agrawal	02/12/2025	10am to 12pm
2.	Mission and role of Homoeopathy and a Homoeopath in society including showcasing effects of Homoeopathy	Interactive discussion	3	Dr. Anupama Dr. Priyanka	04/12/2025	10am to 12pm
3.	BHMS Course of study and introducing to first year faculty	Presentation	1	Dr. Sandeep Sharma	05/12/2025	10am to 12pm
4.	History of Medicine and Homoeopathy and state of Homoeopathy in the world	Presentation	2	Dr. Chandramohan Dr. Niharika	06/12/2025	10am to 12pm
5.	Visit to institution / campus / facilities	Walking tour	2	Dr. Sandeep Sharma Dr. Megha Mungaria	08/12/2025	10am to 12pm
6.	Introduction of Physiology	Presentation	1	Dr. Naveen Jaggi	09/12/2025	10am to 12pm
7.	Concept of Holistic and Positive health	Interactive discussion	2	Dr. Sandeep Jha	10/12/2025	10am to 12pm
8.	Health care system and delivery –	Visit to PHC/ Urban Health Centre and interaction with staff	3	Dr. Shoeba Dr. Bhumika	11/12/2025	10am to 1pm
9.	A-Basic life support –	Demonstration video and practice	4	Dr. Sudhir Sharma Dr. Rupesh	12/12/2025 13/12/2025	10am to 12pm
	B- First aid principles and techniques –	Demonstration and presentation	2	Dr. Nitesh Dr. Prachi	15/12/2025	10am to 12pm
10.	A-Different health care systems recognized in the country	Presentation	1	Dr. Bhumika	16/12/2025	10am to 12pm
11.	A-Primary community care B-The concept of pluralistic health care systems	Interaction	2	Dr. Shoeba Dr. N. Jaggi	17/12/2025	10am to 12pm
12.	Communication its nature and importance in different social and professional settings	Practical with scenarios and enactment with observation	4	Dr. Sandeep Sharma	18/12/2025 19/12/2025	10am to 12pm
13.	Who is professional?	Debate between two sides on a topic	2	Dr. Chandramohan	20/12/2025	10am to 12pm
14.	Time management	Practical exercise	3	Dr. N. Jaggi Dr. Chandramohan	22/12/2025	10am to 12pm
15.	A-Medical ethics role in enhancing patient care.	Role play	2	Dr. Dhanraj	23/12/2025	10am to 12pm
	B- National health priorities and policies	Presentation	1	Dr. Shoeba		
16.	Importance of Mental Health and Hygiene to a medical student in the medical profession Stress management including importance of sports and extracurricular activities	Practical demonstration / video	4	Dr. Pooja Ahuja Dr. Shailendra	24/12/2025 25/12/2025	10am to 12pm

17.	Concept and practice of mentoring	Interactive discussion	4	Dr. Priyanka Dr. Rajani	26/12/2025 27/12/2025	10am to 12pm
18.	Constitutional values, equality, gender sensitization and ragging policy	Presentation and Interactive discussion	3	Dr. Neelam Dr. Megha Dr. Juhi Gupta	28/12/2025 29/12/2025	10am to 12pm 10am to 11pm
19.	A-Universal precautions and vaccinations	Presentation followed by discussion	1	Dr. Chhavi	29/12/2025	11am to 12pm
	B- Team working	Game and debriefing	2	Dr. Sandeep Sharma Dr. Megha Mungaria Dr. Dhanraj	30/12/2025	10am to 12pm
20.	A-Importance of Observation. B-Documentation in Homoeopathic practice	Practice exercise through video observation	4	Dr. Perna Dr. Niharika	31/12/2025 01/01/2026	10am to 12pm
21.	Computer skills	Demonstration and practice of basic use of word, Excel and PPT	2	Mr. Jay Singh Rathore (Computer Expert)	02/01/2026	10am to 12pm
	A-Patient safety and biomedical hazards B-Introduction to Biophysics & Biochemistry	Video and presentation	1	Dr. Nitesh Suryawanshi	03/01/2026	10am to 11pm
22.	A. Adult learning principles	Interactive discussion	2	Dr. Naveen Jaggi	05/01/2026	10am to 12pm
	B. Language skills	Language labs	2	Dr. Sandeep Sharma Dr. Sandeep Jha	06/01/2026	10am to 12pm
		<b>TOTAL</b>	<b>62</b>			

  
**Dr. R. S. Agrawal**  
**Principal & Hospital Superintendent**